



Thrive Group
Integration. Inspiration. Independence.

May 13, 2020

Hello everyone,

As you know, each year we hold our Moving to Make It Happen fundraising event to raise funds to support the important programs that we offer throughout our organizations. We encourage our staff, residents, clients, as well as family and friends in the community to raise awareness by taking a walk through our neighbourhoods. Not only does this encourage generous donations and sponsorships, but it is a way to gather our team together to do something active and have fun.

Due to social distancing practices that are still in effect, this year's Moving to Make it Happen fundraiser is going to look a bit different, but that doesn't mean it can't be just as successful and just as much fun! Instead of hosting the event outdoors, this year we are encouraging participants to get involved from inside their own homes. We all know how creative we can be, now it's time to show it! Hop on the treadmill, strike a yoga pose or go for a jog around the block. Just because we can't all gather in person doesn't mean we can't still get together to raise money for a cause so near and dear to all of our hearts.

On Saturday, May 30th, we are going to collect photographs, stories and videos from participants to share on our website and through social media to show off all of the hard work we have done throughout the month. To join us, all you have to do is go to <https://www.canadahelps.org/en/charities/thrive-group-support-services/p2p/movingtomakeithappen> and register as a participant, or gather up some friends and sign up as a team.

I want to thank all of you once again for doing your part to help us get moving to make it happen!

Steve Sherrer
CEO